

# Goldilocks and the Three Bears Porridge Recipe

Instead of wandering into a bear's house to enjoy some porridge, you can make some for yourself at home with this recipe. To make things a little more fun, we've mixed some bananas into this recipe, because, thanks to [Baloo's 'The Bear Necessities'](#) we know that bears like bananas.

Have this porridge for breakfast in the morning with a side of tea or orange juice; it's a healthy meal which will give you a boost of energy for the day ahead!

Make sure you make this with an adult!!!

## Porridge Goes Bananas!

### INGREDIENTS

- 3 cups [Milk](#)
- 1 1/2 cups [oats](#)
- 2 tbsp [brown sugar](#)
- 4 [small bananas](#) sliced
- 1 tsp [cinnamon](#)



### INSTRUCTIONS

1. Boil the milk in a heavy bottomed saucepan and, as soon as it boils, turn down to simmer.
2. Stir in the oats and cook over a medium high heat for five minutes.
3. As the porridge begins to thicken (it will stick to the spoon), stir in the sliced bananas and allow the porridge to cook for a minute more.
4. Take off the heat and stir in the sugar.
5. Allow the porridge to stand and cool for five minutes.
6. Sprinkle with the cinnamon and serve.